

Genetics of susceptibility to tuberculosis in humans

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ABSTRACT: *Genetics of susceptibility to tuberculosis in humans. M.J. Newport, S. Nejentsev.*

There is substantial epidemiological evidence that host genetic factors in part determine susceptibility to mycobacteria, and many approaches have been applied to identify the specific genes involved. These include the study of single genes in 'knockout' mouse models and rare human families in which increased susceptibility to

mycobacterial infection segregates as a single gene defect. Several genes have now been studied in many different populations. This review gives an overview of the progress made in the field of genetic susceptibility to tuberculosis and highlights more generally some of the challenges involved in the identification of complex disease genes.

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Introduction

Overview

It is estimated that 8 million individuals develop TB annually, and 3 million die as a result of their disease [1]. Thus *Mycobacterium tuberculosis* (MTB) is one of the leading infectious causes of death worldwide. However, these numbers represent a small proportion of the 2 billion individuals estimated to be infected with MTB - the majority develop an appropriate immune response and control infection without the development of clinical disease. Understanding the factors that distinguish these resistant individuals from susceptible individuals who develop disease has important implications for the development of new vaccines and therapies given that the vaccine BCG is not effective in many countries where TB is endemic [2], and multidrug resistant strains are emerging at an alarming rate [3].

What is the role of host genetic variation in susceptibility to TB?

Human immune response genes are more diverse than any other gene group, suggesting that infectious diseases are an important force in human evolution. The risk of dying from an infectious disease is increased 6 fold if a biological parent dies from infection before the age of 50 [4]. In this study the magnitude of the genetic contribution to infectious disease exceeded that of cancer or coronary heart disease. Analysis of familial clustering of infection [5] also suggests that genes

are important determinants of susceptibility to infection, but families of course share more than their genes. There are also differences in disease susceptibility patterns, of clinical disease, and immune responses following infection with MTB between populations that correlate with the population's history of exposure to the infectious pathogen [6-9]. Twin studies demonstrating higher concordance rates in monozygous twins than in dizygous twins also provide strong support that host genetic variation determines susceptibility to TB [10, 11].

Identification of TB susceptibility genes

From a genetic point of view, TB is a complex disease resulting from the interaction between the host, the pathogen (which has a genome too) and the environment. The fact that the major aetiological factor MTB is known, unlike for many other complex diseases, allows insight in this complex interaction and eventually will help to clarify the functional role of the host factors. It is likely that a number of human genes affect susceptibility, but it is not known exactly how many or the relative contribution each makes. Despite the difficulties this presents a number of susceptibility genes have now been identified using several different but complimentary approaches.

1) Animal models

Studying animal models of disease susceptibility provides several advantages for genetic studies, including the ability to control breeding. Advances

in immunology and molecular genetics have favoured the mouse model. There is much similarity in the basic immune response between mice and men, although there are differences as well, particularly in the immunopathology of the cellular response to MTB and in the function of some elements of the immune system, e.g. CD1 molecules [12]. The role of a particular gene in immunity to mycobacterial infection can be demonstrated using the technique of targeted gene disruption [13] to create “knock-out” mice. Genes to be targeted are chosen on the basis of what is understood about the immune response to mycobacteria and the mice challenged with mycobacterial infection. Table 1 lists some murine genes which appear to be important in mycobacterial immunity. A similar approach has been used to demonstrate the redundancy of other genes: mice lacking interleukin-4 (IL-4), IL-5, IL-10, or perforin as a result of gene disruptions were no more susceptible to mycobacterial infection than control mice [14, 15]. Given the homology between the mouse and human genomes, genes identified as putative candidate genes in murine models can then be investigated in human populations. However, MTB is not a natural pathogen in mice and its immune system differs from the human in various aspects [12, 16].

Table 1. - Murine molecules, associated with susceptibility to mycobacteria in gene knockout experiments

Molecule	Increased susceptibility to:	Reference
Slc11a-1 (Nramp-1)	<i>M. bovis</i> (BCG)	[17]
TNF α / TNF receptor	<i>M. bovis</i> (BCG)	[18]
Interferon- γ	<i>M. tuberculosis</i>	[19] [20]
Interferon- γ receptor1	<i>M. bovis</i> (BCG)	[21]
β 2-microglobulin	<i>M. tuberculosis</i> / <i>M. bovis</i> (BCG)	[22] [23]
MHC class II	<i>M. bovis</i> (BCG)	[23]
T cell receptor	<i>M. bovis</i> (BCG)	[24]
Interferon regulatory factor 1	<i>M. bovis</i> (BCG)	[25]
Interleukin-6	<i>M. tuberculosis</i>	[26]
Interleukin-12	<i>M. tuberculosis</i>	[27]
Inducible nitric oxide synthase	<i>M. tuberculosis</i>	[28]
Toll-like receptor 4	<i>M. tuberculosis</i>	[29]

2) Mendelian susceptibility to mycobacterial infection in man

Over the last 50 years familial cases of mycobacterial infection have been described where pedigree analysis suggested a single gene or Mendelian mutation was responsible for disease within families. Investigation of such families, which are nature’s human equivalents of the knock-out mice, have provided important information on the pathways essential in humans for the control on mycobacterial infection. Work towards characterizing the molecular pathology in these families has led to the description of a new syn-

drome, Mendelian Susceptibility to Mycobacterial Infection (MSMI, Mendelian Inheritance in Man #209950), which has been reviewed recently [30, 31]. The best characterized of these families consisted of 4 Maltese children, two of whom were brothers and the offspring of parents who were second cousins, and were related to a third child as fourth cousins [32]. The pedigree structure suggested a single gene defect inherited recessively. Furthermore, it was likely that a single mutation arose in a common ancestor and the children were all homozygous for the same mutation. A single region of homozygosity was identified on chromosome 6q, where the gene encoding the ligand binding chain (IFN γ R1) of the IFN- γ receptor complex is located. Immunofluorescent studies showed the receptor was absent on leucocytes from the affected children and a mutation was identified, which introduced a premature stop codon resulting in a truncated protein that lacked the trans membrane and intracellular domains [33]. A different mutation was identified within this gene in a Tunisian child with disseminated BCG infection following vaccination [34].

Meanwhile, a retrospective study of disseminated BCG infection following vaccination revealed no underlying immunodeficiency in 50% of reported cases [35]. Four pairs of affected siblings were identified and parental consanguinity was observed in 30% of idiopathic cases [36] suggesting a number of these cases were due to Mendelian disorders. Sequence analysis of the *IFNGR1* gene in these families identified a number of other mutations. A spectrum of disease emerged which correlated with the molecular genetics. Nonsense mutations resulting in complete absence of protein expression were associated with severe and often fatal disease in early life [33, 34] whereas mutations resulting in reduced function of an expressed protein had a milder phenotype [37, 38]. However, mutation in this gene was excluded in some families, which led to the identification of mutation in 4 other genes within the IFN- γ /IL-

12 pathway: *IFNGR2* which encodes the signal transducing chain of the IFN- γ receptor complex [39], signal transducer and activator of transcription 1 (*STAT1*), which is a signal transduction molecule involved in upregulation of IFN- γ inducible genes [40], *IL12B* which encodes the p40 subunit of interleukin (IL)-12 [41] and *IL12RB1*, which encodes the β 1 subunit of the IL-12 receptor [42, 43]. As with *IFNGR1*, these original reports have led to the identification of many other affected families and new mutations [30]. These findings highlighted the important of the T helper type 1 lymphocyte responses in the control of intracellular pathogens such as mycobacteria.

3) *Complex trait genetics: identification of common tuberculosis susceptibility genes in human populations*

There are two traditional study designs used to identify human susceptibility genes for complex traits including TB, according to the groups studied. Firstly, population-based association studies search for genetic differences between individuals who have the disease (cases) compared to those who do not (controls). Secondly, family-based linkage studies search for genetic similarities in affected family members. Each approach has its attractions and drawbacks. In association studies, large numbers of cases and controls can be recruited, and this approach has the power to detect relatively small gene effects. However, it is important that cases and controls are properly matched to avoid spurious associations resulting from ethnic differences between groups. Linkage analysis has limited power to detect genes with a modest effect. Subsequently large numbers of families are required in order to obtain a significant result: for infectious disease studies it is usually difficult to collect large number of families with more than one generation represented and more than one affected individual. Furthermore, it is possible that an individual has inherited the susceptibility gene(s), but is classified as unaffected due to lack of exposure to the pathogen. This can be overcome by studying affected family members (usually siblings) only [44]. For these reasons, the majority of studies in genetics of infectious diseases have been association studies.

There are two methodological approaches to identify the specific genes involved: candidate gene studies and genome wide scanning. A candidate gene approach targets a specific gene, which is implicated in disease pathogenesis, for example as a result of murine or Mendelian human studies described above. Candidate genes may be studied by linkage in families or by association in populations. Genome wide scanning is currently limited to family-based linkage studies. Polymorphic markers across the whole genome are typed in family members and when co-inheritance of markers with the trait occurs, the marker is said to be linked to the disease. This approach has the capacity to identify new genes that are important in disease pathogenesis but so far undiscovered. A comprehensive search for regions associated with tuberculosis using an association study design requires a much denser marker saturation across the genome. This increases the logistical effort and cost of such studies and further technical advances are required to make this approach affordable and feasible.

Studies of TB illustrate the problems that researchers of complex diseases encounter, the most important of which is the poor reproducibility of results. In the majority of the published datasets a small sample (usually in the range of a few hundred cases and controls) has been studied. Such studies have little power to detect modest association (e.g. relative risk below 2) [45] and the low statistical power of some small studies may ex-

plain their failure to replicate true associations observed previously. Studies attempting to investigate interactions between several genetic factors or gene-environment interactions require even bigger samples to avoid these problems. False positive associations may occur as a result of population admixture. Additionally, it is well established that association between a genetic marker and a disease may appear as a result of its close proximity to a causal variant (known as linkage disequilibrium, LD) in some populations, but not in others. Clinical heterogeneity of TB patients in various studies is a further confounding factor which may explain some differences in the observed association.

TB susceptibility genes identified to date

1) Role of the human MHC genes in susceptibility to TB

The most consistent TB susceptibility association has been with the genes of the major histocompatibility complex (MHC) also known as human leukocyte antigens (HLA) region. The MHC region is located on the short arm of chromosome 6 and harbours over 120 genes, many of which are involved in immune responses. The MHC is conventionally divided into three regions: the centromeric class II region (encoding the MHC class II molecules DQ, DR and DP), the telomeric class I region (encoding the MHC class I A, B and C molecules and non-classical molecules e.g. E, F and G). The Class III region lies between the class I and II regions. The classical MHC class I and class II molecules are extremely polymorphic. The high degree of variation is maintained by balancing selection and is crucial for the binding of various antigenic peptides, the main function of these proteins. Short peptides are then presented on the cell surface where they are recognised in the context of the classical class I or class II MHC molecules by CD8⁺ or CD4⁺ T cells, respectively. Since MHC molecules are the major component of the immune system it is not surprising that polymorphisms of these molecules are associated with various immune-mediated diseases such as infection and autoimmune disorders. However, strong LD exists between the genes across the MHC region which complicates precise identification of the gene responsible for a given disorder.

A number of studies on the role of the MHC in susceptibility to TB have been published in many different populations (table 2). Despite the difficulties outlined in the previous section, several conclusions can be made. Evidence for association with TB is more consistent for the class II than for class I genes. In particular, the DR2 allele of the *DRB1* gene is often associated with the increased risk of TB and never with protection. These observations suggest that MHC harbours at least one gene that influences risk of TB and indicate its probable location within the MHC class II region. However, genetic association of the DR2 allele itself does not necessarily prove its causal role, but may merely reflect the LD that exists between this

Table 2. - Association studies of the MHC class I and II genes with TB

Population	MHC Class I		MHC Class II		Reference
	Risk	Protective	Risk	Protective	
Newfoundland	B8		NT	NT	[50]
Greek	A1, B27		NT	NT	[51]
Russian	B17, B5		DR2	DR3	[52]
Polish	NT	NT	DR16 (DR2)	DR13 (DR6)	[53]
Polish	B15, Cw5		NT	NT	[54]
Armenian	A1, B12, B35, Cw4		DR2	DR3	[52]
Moldavian	B5	A10, Cw9	NT	NT	[52]
Kazakh	A2, B14, B35	A3, Cw1	DR2	DR3	[52]
Turkmen			DR2	DR3	[52]
Uzbekh	B12		DR2	DR3	[52]
Tuvinian	B15		DR2, DRw53		[55]
Mexican-American	B15		NT	NT	[56]
Mexican-American				DR3	[57]
Mexican			DRB1*1501 (DR2), DQA1*0101, DQB1*0501	DR4, DR8, DQB1*0402	[58]
African-American	B15		NT	NT	[59]
African-American		B5	DR5	DR6	[60]
Egyptian	A2, B5				[61]
Japanese			NT	NT	[62]
Chinese	B27, B35	A19, B15	NT	NT	[63]
Chinese		A11	DR8		[64]
Cambodian	B38		DQB1*0503		[65]
Thai	NT	NT	DQB1*0501	DQB1*0301, DQA1*0601	[66]
Indonesian			DR2, DQ1	DQ3	[67]
Indian			DR2		[68]
Indian				DR6	[69]
Indian	B18		NT	NT	[70]
Indian			NT	NT	[71]
Indian	A10, B8, B14	A24, A19, B52, B57, B61	DR2		[72]
Indian	NT	NT	DQB1*0503		[73]
Indian	NT	NT	DR2		[74]
Indian			DR2		[75]
Indian	NT	NT	DRB1*1501 (DR2), DRB1*08 (DR8), DQB1*0601, DPB1*02	DRB1*10, DRB1*11, DQB1*0501, DPB1*08	[76]

NT - not tested; blank cell indicates that no association was found.

allele and alleles of other MHC genes. It is also possible that more than one MHC gene influences the risk of TB, as was discovered in other MHC-associated diseases, e.g. autoimmune type 1 diabetes [46, 47]. Functional data show that both CD4+ and CD8+ cells are crucial in the immune response to MTB [48, 49] suggesting variation in both MHC class II and class I genes, respectively, may have an aetiological role in TB. High-resolution genotyping of multiple markers in large and statistically powerful samples from various populations is required to dissect the independent effects of different MHC genes on susceptibility to TB.

2) *SLC11A1* (formerly *NRAMP1*)

Of all the genes associated with TB to date *SLC11A1* (solute carrier family 11 member 1, formerly known as natural resistance associated macrophage protein 1 *NRAMP1*) is the best characterized. Initially identified as a murine mycobacteria susceptibility gene [77], *Slc11a1* was positionally cloned and a point mutation, resulting in the substitution of glycine to aspartic acid at position 169, was identified in the susceptible allele [78]. The human homologue, *SLC11A1*, was cloned and variation in this gene has been studied in relation to TB susceptibility in a number of genetically different human populations.

The first study to demonstrate an association between TB susceptibility and *SLC11A1* was a case control study conducted in The Gambia, in which 4 different *SLC11A1* polymorphisms (5' complex repeat, INT4, D543N and 3'UTR, as described in [79]) were found to be associated with TB with odds ratios (OR) ranging from 1.1 to 1.9 [80]. Heterozygosity for both the INT4 and 3'UTR alleles led to a four-fold increased risk of TB. This finding was followed up by the same group who reported a significant association ($P < 0.04$) between the INT4 polymorphism in a family-based association study in Guinea-Conakry [81]. The 5' complex repeat is functional and influences *SLC11A1* expression in a luciferase reporter system [82]. Allele 3 drives high expression relative to the other alleles, which is enhanced by lipopolysaccharide (LPS) and this allele has been associated with resistance to TB [80]. Conversely, allele 2 is associated with lower promoter activity and susceptibility to TB. The association between allele 2 of the *SLC11A1* 5' complex repeat and TB has been confirmed in a second Gambian population sample [83]. This study also reported data to suggest that *SLC11A1* mediates its effect via the downregulatory cytokine IL-10.

Significant linkage ($P < 2 \times 10^{-5}$) between *SLC11A1* and TB was identified in a large Aboriginal Canadian family [84], while no linkage was observed in 116 Moroccan families [85]. Associations between *SLC11A1* and TB have been tested in other populations. The 5' complex repeat is associated with TB in Japan (OR 2.1) [86] and American Caucasians [87]. The 3' UTR variant that is associated with TB in The Gambia appears

to be associated with TB in Koreans (OR 1.9) [88] but the same allele confers resistance in Cambodians (OR 0.59) [89]. The D543N *SLC11A1* polymorphism is also associated with resistance to TB in this population. No association was found in a Taiwanese population sample [90]. Such discrepant findings are common in the genetics of complex diseases (see above) and suggest that additional replication in more powerful samples representing different populations is required. Finally, there is some preliminary evidence that *SLC11A1* may regulate the type of disease that develops upon infection with MTB. Variation in this gene has been associated with tuberculous pleurisy [91], cavitating disease [92] and microscopy-positive disease [93]. Studies specifically designed to confirm or reject these associations are needed before any conclusion can be made.

3) *Vitamin D receptor*

Tuberculosis is more common in groups at risk of dietary deficiency of vitamin D [94], and indirect vitamin D therapy (e.g. exposure to sunlight, cod liver oil) was used to treat TB before the introduction of chemotherapy. Serum 1,25-dihydroxyvitamin D₃, the active metabolite of vitamin D, is low in patients with untreated TB [95, 96] and levels correlated with disease severity in a study in Indonesia [97]. In addition to its function in bone metabolism, vitamin D has important immunomodulatory effects of relevance to mycobacterial immunity. Acting via the vitamin D receptor (VDR), which is widely expressed on monocytes and activated lymphocytes, 1,25 dihydroxyvitamin D₃ activates monocytes to suppress the growth of MTB [98, 99]. These epidemiological and immunological observations have led to the investigation of the VDR as a candidate gene for TB susceptibility. A silent T>C single nucleotide polymorphism at codon 352 in the VDR gene was investigated in the Gambian population sample described above. Homozygotes for the C allele were under-represented in the TB cases, suggesting a protective influence for this genotype (OR 0.53) [100]. However, no association was found between this genotype and TB in a Gujarati population sample in west London [96], Southern Indians [101] or in Cambodians [89]. However, when the codon 352 SNP genotype was considered together with the serum level of 1,25 dihydroxyvitamin D₃ in the Gujarati study, the CC homozygous genotype appeared to offer protection against TB in vitamin D deficient patients [96]. This suggests complex interactions between both genes and environmental factors in the development of disease, and the need for studies specifically designed to investigate such interactions.

4) *IFN-γ/IL-12 pathway*

The single gene defects that lead to increased susceptibility to mycobacteria disease emphasize the importance of macrophage activation through the IFN-γ/IL-12 pathway in controlling mycobac-

terial infections. Phenotype-genotype correlations within this group of rare disorders suggest a spectrum exists in which complete deficiency of either chain of the IFN- γ receptor complex results in severe fatal disease yet partial deficiency of IFN- γ R1 or complete deficiency of either IL-12 p40 or IL-12R β 1 leads to milder disease that responds to treatment with either anti-mycobacterial chemotherapy or IFN- γ [102, 103]. There are also family members who have inherited disease-associated genotypes but remain well [104]. It is therefore conceivable that common variants in any of the genes in this pathway underlie susceptibility to more virulent species such as MTB in the general population. Support for this hypothesis comes from three separate studies (in Cape Town, Spain and Sicily), which report associations between a SNP in the first intron of the IFN- γ gene (+874T>A) and TB [105-107]. This SNP lies within a binding site for the transcription factor NFkappaB and influences binding of this protein at this site. The allele that is associated with susceptibility to TB is associated with reduced IFN- γ production in vitro [105] which adds biological plausibility to the genetic association study results. Of the Mendelian genes themselves, differences in allele distribution frequencies for a microsatellite marker within *IFNGR1* has been reported in a small Croatian sample, but not confirmed in a larger sample from the Gambia [108, 109]. SNPs within the *IFNGR1* gene also show no association with TB in Gambians [110]. There has been one study published on *IL12RB1* and TB - this was conducted in a Japanese sample and showed an association between three coding region SNPs (which were in complete LD) and TB [111]. There are no reported

associations between TB and the other MSMI genes *IFNGR2* and *IL12B* and *STAT1*. Thus there is some evidence that the genes involved in MSMI also play a role in TB in outbred populations, but further studies are required.

5) *Miscellaneous other genes*

In addition to the genes described in more detail above, researchers have reported associations between variation in IL-1 β [112], IL-10 [89], mannose binding lectin [113, 114], IL-8 [115], and the purinergic receptor P2X7 [116] and TB. These are mostly single reports and for some of the genes there are conflicting data suggesting no association [89, 117, 118], while unconfirmed positive findings may have arisen by chance and publication bias [119].

6) *Genome scanning in TB*

A genome wide scan to identify regions of the genome linked to TB has been conducted in a sample of 92 affected sibling pairs (ASP) followed by a second sample of 81 ASP from Gambia and South Africa [120]. LOD scores of 2.0 and 1.7 were obtained for regions on chromosomes 15 and X respectively. Fine mapping studies of the region on chromosome 15 have been undertaken and UBE3A, ubiquitin protein ligase E3A, identified as a putative TB susceptibility gene in this region [121]. It is noteworthy that none of the candidate genes identified by association came up in this linkage scan. This is a reminder that linkage studies using small numbers of families have very little power to detect multiple minor effects that

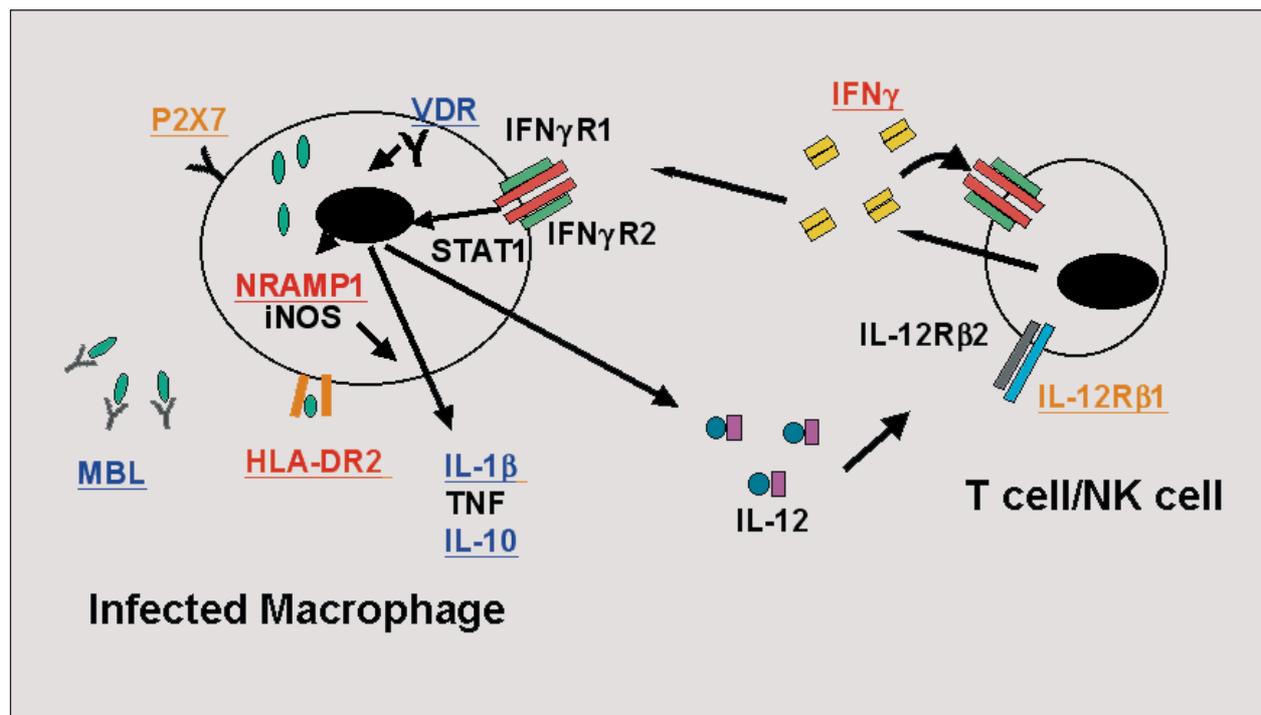


Fig. 1 - Tuberculosis susceptibility genes. Depicted in red are genes shown to be linked or associated with TB in more than one population, in blue are genes in which the association with TB is described in both positive and negative studies, in dark yellow genes in which association with TB is described in single studies.

probably contribute to the overall phenotype [122]. Much bigger collections of affected sib pairs, perhaps in a range of 1,000 or more [123] are required to provide a reliable guidance for geneticists. Collection of such samples is achievable and is already underway for a consortium of researchers working in the area of type 1 diabetes, another complex disease (<http://www.t1dgc.org/>).

Conclusions

TB is a complex trait that occurs in genetically susceptible individuals who are infected with MTB and exposed to environmental factors that influence the host immune response. It is hoped that the characterization of the genes involved will identify pathways that are required for host defence against TB and lead to the development of better vaccines and therapies for what is a major global public health problem. A number of approaches have led to significant progress in the field over the last few years. Much has been learnt from rare familial defects in mycobacterial immunity. At the population level, association studies indicate that sequence variation in the IFN γ and SLC11A1 genes probably contributes to common TB susceptibility. Markers in the MHC region have consistently been associated with TB across many populations, which suggest existence of a TB gene or genes in this region. However, at present, genetic evidence is insufficient to identify this gene(s). The effect of each TB-associated gene identified to date is modest, their combined effect is not sufficient to explain fully the genetic contribution to the aetiology of tuberculosis, suggesting need for future research. However, studies are often conflicting or inconclusive as a result of ineffective design. Perhaps it is time for researchers to joint their efforts and form a consortium to develop international cohorts with statistical power to convincingly identify TB genes and approach studies of gene-gene and gene-environment interactions.

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