

SUPPLEMENTARY MATERIAL

Role of hybrid virtual pulmonary rehabilitation in improving performance status of patients eligible for lung transplantation

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Supplementary Table 1. Disease-specific analysis of primary and secondary outcomes

	DPLD (n=37)			COPD (n=6)			Bronchiectasis (n=8)		
Clinical variable N (%) or Mean (SD)	Pre- rehabilitation	Post- rehabilitation	P	Pre- rehabilitation	Post- rehabilitation	P	Pre- rehabilitation	Post- rehabilitation	P
KPS ≤ 40)	0	0	<0.001	1	0	0.135	1	0	0.135
KPS 50-70)	31	20		5	3		7	5	
(KPS 80-100)	6	17		0	3		0	3	
ECOG score			0.042			0.157			0.049
1	8	14		0	2		0	3	
2	23	18		4	2		5	5	
3	6	5		2	2		3	0	
SGRQ score (quality of life)	60.8±19.3	46.9±25.0	<0.001	68.2±13.1	48.4±25.1	0.066	62.2±17.2	33.9±13.2	0.001
Dypnea			<0.001			0.045			0.025
mMRC 0-2	13	24		0	4		2	7	
mMRC 3-4	24	13		6	2		6	1	
O2 requirement at rest	15 (40.5%)	14 (37.8%)	0.563	4(66.7%)	2(33.3%)	0.157	6 (75%)	2 (25%)	0.045
FVC [L]	1.51±0.82	1.52±0.85	0.810	1.68±0.31	1.69±0.50	0.887	1.07±0.13	1.10±0.19	0.638
FVC %predicted	42.9±16.8	45.6±22.9	0.116	50.0±11.2	50.8±21.6	0.881	35.0±8.6	37.1±11.0	0.402
FEV1 [L]	1.28±0.64	1.31±0.74	0.463	0.65±0.16	0.64±0.24	0.757	0.62±0.12	0.63±0.14	0.628
FEV1 %predicted	45.5±18.6	48.1±25.9	0.218	24.3±8.2	24.8±13.6	0.884	23.7±6.6	24.7±7.6	0.407
DLCO [mL/min/mmHg]	7.64±4.88 (n=24)	8.02±4.85	0.635	9.73±3.71	10.73±4.28	0.125	9.38±5.60	12.9±3.2	0.062
DLCO %predicted	28.8±17.3	31.1±18.1	0.461	42.2±17.7	47.5±21.9	0.132	38.2±17.8	48.6±19.6	0.064
Six-minute walk distance [metre]	315.7±93.4	310.7±82.2	0.612	277.7±129.7	263.8±153.1	0.766	300.1±108.5	326.5±93.6	0.359

DPLD, diffuse parenchymal lung disease; COPD, chronic obstructive pulmonary disease; KPS, Karnofsky Performance Status; ECOG, Eastern Cooperative Oncology Group; SGRQ, St. George's Respiratory Questionnaire; mMRC, modified Medical Research Council; FVC, forced vital capacity; FEV1, forced expiratory volume in 1 second; DLCO, diffusion capacity of lung carbon monoxide.