

# Proteomic characterization of idiopathic pulmonary fibrosis patients: stable *versus* acute exacerbation

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## Abstract

Acute exacerbations (AEs) are among the main causes of death in idiopathic pulmonary fibrosis (IPF) patients. In this study proteomic comparative analysis of bronchoalveolar lavage (BAL) fluid samples was performed in stable IPF patients *versus* AEs IPF group to identify AE pathogenetic mechanisms and novel potential predictive biomarkers. A functional proteomic analysis of BAL fluid samples from stable and AE-IPF patients was conducted in a population of 27 IPF patients. Fifty-one differentially abundant spots were observed and identified by mass spectrometry.

Enrichment analysis found proteins of interest involved in the regulation of macrophages and lipid metabolism receptors. In acute exacerbation IPF group, differentially abundant proteins were involved in propagation of the  $\beta$ -catenin WNT transduction signal, and proteins up-regulated in lung carcinogenesis (IGKC, S100A9, PEDF, IGHG1, ALDOA, A1AT, HPT, CO3 and PIGR) and acute phase proteins involved in protease-antiprotease imbalance (such as A1AT fragments). Dot-blot analysis of A1AT C-36 peptide allowed validating our findings, confirming up-regulation in AE IPF patients and suggesting its potential pathogenetic role. A crucial role of protease/antiprotease imbalance, clathrin-mediated endocytosis signalling and carcinogenesis emerged in IPF patients developing acute exacerbations.

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Informed consent: Written informed consent was obtained from the patients included in the study.

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## Introduction

Idiopathic pulmonary fibrosis (IPF) is one of the most widespread fatal idiopathic interstitial pneumonias of unknown etiology [1] and the prognosis of IPF is extremely poor (median survival 3-5 years). Respiratory failure is the main cause of death, affecting about 80% of IPF patients [2]. Chronic progressive parenchymal fibrosis, characterized by usual interstitial pneumonia (UIP) pattern with fibroblast foci and “honeycomb” lesions, leads to decay in physiological alveolar structure and decline in respiratory function [2-6]. Diagnosis of IPF is often challenging [7,8] and the clinical course of IPF is variable, unpredictable and irreversible [9]. Some patients have accelerated lung function deterioration with rapid decline and unpredictable acute exacerbations (AEs) that can ensue in 20-55% of cases [10,11]. AEs are considered a major lethal complication of IPF and are associated with high short-term mortality (50-85% of deaths occur within weeks of an AE) [11-13]. Miscellaneous risk factors for AE have been proposed, including pulmonary hypertension, gastroesophageal reflux, emphysema, prolonged mechanical ventilation, bronchoscopy and lung biopsy procedures [14]. Unfortunately, there are no well-established international guidelines or standardized diagnostic approaches for AEs of IPF, none are sufficiently sensitive, nor is there any effective standard therapy for AE. Thus, there is an urgent need to find reliable biomarkers of IPF severity for patient stratification. To this purpose, proteomic approach gives a panorama of the complex network of proteins of different origins and functions and their modifications, providing new information about pulmonary microenvironment events for insights into lung physiology and pathophysiology, in addition to suggests potential prognostic, diagnostic and/or therapeutic

biomarkers. Several proteomic studies performed on bronchoalveolar lavage (BAL) from IPF patients pointing out proteins potentially related to IPF pathogenesis or putative diseases, risk, or stratification biomarkers. Increased profibrotic cytokines and chemokines (like IL-8 and CXCL1) were observed in BAL from IPF patients presenting AE [15], whereas ELANE, KL-6, LDH, SPA, MMP-1 and -7, CCL-18 and -24, LEP, CRP, IL-17, or PDGF were reported to in blood [16-22]. In particular, our group performed a differential proteomic study on BAL fluid in order to extrapolate potential biomarkers of IPF highlighting up-regulation of annexin A2 and peroxiredoxin 1 and the down-regulation of plastin 2. Moreover, the system biology study performed on the differential proteins found, highlighted the major molecular pathways involved such as: “response to hypoxia and oxidative stress” and “iron transport”. Interestingly, all mechanisms that we extrapolated from our analysis resulted related with the action of TGF- $\beta$  in fibrosis onset [23]. Since the encouraging results obtained with this research, we were interested in studying potential differential protein patterns able to stratify our IPF samples. In particular, since no reliable biomarkers of AE risk are available in the clinical practice [13,15,16,23-25], we wanted to extrapolate potential differential proteins characterizing AE condition with respect to stable/progressive. In this study we compared for the first time, at the best of our knowledge, BAL samples performed at the moment of diagnosis from patients remained stable/progressive and BAL performed at the moment of AE. The differential proteins found have been subjected to functional analysis to highlight potential molecular ways leading to AE.

## Materials and Methods

### Population

The population consisted of 27 IPF patients (17 males and 10 females; 13 never- and 14 ex-smokers; average age 64 $\pm$ 7 years). Diagnosis of IPF was performed at Siena Regional ILD Referral Centre and Lung Transplantation Unit according to international ATS/ERS criteria [2]. Diagnosis of AE was based on international criteria, according to Collard *et al.* [26]. The clinical course of patients had been monitored for at least 36-48 months after the diagnosis. Eighteen IPF patients showed stable disease (9 males and 9 females; 8 never- and 10 ex-smokers; average age 66 $\pm$ 6 years) and have been included in proteomic analysis as “stable group” while 9 patients experienced acute exacerbations without a known cause or agent (8 males, 1 female; 4 never- and 5 ex-smokers; AE, average age 60 $\pm$ 8 years) and were included as “AE group”. Bronchoscopy with BAL was performed for diagnostic purposes after written informed consent of IPF patients, at onset of the disease in stable IPF patients and at the moment of clinical-radiological diagnosis of AE before starting high doses of steroids in the group of AE-IPF. At the moment of the bronchoscopy 3/18 stable patients were treated with antifibrotic drugs (2 pirfenidone and 1 nintedanib), these patients performed BAL at the starting diagnostic moment) while 8/9 AE patients were in treatment with antifibrotic drugs (three with pirfenidone and five with nintedanib). All patients signed the informed consent and this study received the local Ethical Committee endorsement C.E.A.V.S.E. (code number 180712).

The BALF protein abundances of  $\alpha$ -1-antitrypsin (A1AT) and of its C-terminal fragment (C-36 peptide), corresponding to residues 359-394, were evaluated in an independent patient cohort by Dot-blot analysis (Supplementary Material S1). These samples were collected at the Hannover Medical School (MHH, Germany) from

9 IPF patients (7 males and 2 females; 4 never- and 5 former-smokers; average age of 73.4 $\pm$ 5.8 years). Four patients had stable-IPF course (3 males, 1 female; 3 ex-, 1 never-smoker, average age of 75  $\pm$ 7.5 years) and five cases presented AE (4 males, 1 female; 2 ex-, 3 never-smokers, average age of 72.2  $\pm$ 4.6 years).

### Sample preparation

BAL samples were filtered through sterile gauze and BAL cells count and lymphocyte phenotyping was carried out using BD FACS-Caliburflow cytometry (BD Biosciences Becton, Dickinson and Company, San Jose, CA, USA). BALF samples were separated and dialyzed as previously reported [23].

### 2D-electrophoresis

After Bradford assay, lysis buffer (and trace of bromophenol blue) was added until the protein concentrations were adjusted to 60  $\mu$ g in 100  $\mu$ l and 700  $\mu$ g of protein in 200  $\mu$ l of solution for analytical and MS-preparatory 2D-Electrophoresis (2DE), respectively. The isoelectric focusing was performed through immobiline polyacrylamide strips with 18 cm in length and immobilized non-linear pH gradient 3-10 (GE Healthcare, Uppsala, Sweden). In particular, the strips were rehydrated with a solution containing urea 8M, 4% w/v CHAPS, 1% w/v DTE for 12 h and the samples were loaded by cup-loading method. For isoelectric focusing, the samples were added of 0.2% and 2% v/v of carrier ampholyte for analytical and MS-preparatory run, respectively. First electrophoretic dimension was carried out using Ettan™ IPGphor™ system (Amersham Biosciences, Little Chalfont, UK) at 16°C, with the following electrical conditions: 0V for 1 h, 30V for 8 hs, 200V for 1 h, from 300 to 3500V in 30 min, 3500V for 3 h, from 3500 to 8000V in 30 min, 8000V, for a total of 80,000Vh at constant temperature of 16°C. Before the SDS PAGE separation, strips were incubated for 12 min with a buffer containing 6M urea, 2% w/v Sodium Dodecyl Sulphate (SDS), 2% w/v DTE, 30% v/v glycerol and 0.05M Tris-HCl pH 6.8, and, subsequently, with the same solution where DTE was replaced by 2.5% w/v iodoacetamide and a trace of bromophenol blue for further 5 min. The SDS-PAGE run was performed using 9-16% SDS polyacrylamide linear gradient gels with size of 18x20x1.5cm and constant current of 40 mA/gel at 9°C until the dye front reached the bottom of the gel. The gels for MS-preparatory were stained with SYPRO Ruby (Bio-rad Laboratories, Hercules, CA, USA). Bind-silane ( $\gamma$ methacryloxypropyltrimethoxysilane) (LKBProdukt AB, Brommo, Sweden) was used to attach polyacrylamide gels covalently to a glass surface for those undergoing SYPRO Ruby staining and digitized with Typhoon 9400 laser densitometer (GE Healthcare, Chicago, IL, USA). Ammoniac silver nitrate staining is used to stain the analytical gels that were digitalized thanks to ImageScanner III managed by LabScan 6.0 (GE Healthcare).

### 2D-image and statistical analysis

Spots were detected and quantified (in term of relative percentage of volume, %V) in each gel using Image Master Platinum 7.0 software (GE Healthcare). Gels were then grouped in respective class and a reference gel for each class (called Master gel) was selected. Each gel was compared with appropriate Master (Intra-class matching) and consequently the Master gels were compared each other (Inter-class matching). Spots were considered differentially abundant between two conditions when the ratio of the %V means was greater than  $\pm$ 2 folds. Student's *t*, Wilcoxon-Mann-Whitney, False Discovery Rate (FDR) tests, unsupervised and supervised Principal Component Analysis, heatmap with tree

clustering, and general linear regression models were performed by RStudio Desktop 1.1.463 (Integrated Development for RStudio, Inc., Boston, MA, USA, <https://www.rstudio.com>) in order to validate the statistical significance of comparisons between two classes (Supplementary Materials).

### Protein identification

After excision from MS-preparatory gels by Ettan Spot Picker (GE Healthcare), the spots of interest were destained in 5mM ammonium bicarbonate and 50% acetonitrile solution and then completely dehydrated in acetonitrile solution. The gel spots were incubated at 37°C overnight in 50 mM ammonium bicarbonate and trypsin solution for protein digestion. Peptide masses were acquired using UltrafleXtreme™ MALDI-ToF/ToF (Bruker Corp., Billerica, MA, USA), arranging each digested protein solution onto a MALDI support and embedding it with  $\alpha$ -cyano-4-hydroxycinnamic acid (CHCA), 50% v/v ACN and 0.5% v/v TFA matrix. Protein identification was carried out by peptide mass fingerprinting (PMF) approach by Mascot online tool (Matrix Science Ltd., London, UK) (Supplementary Materials).

### Clustering, pathway and enrichment analysis

Functional clustering analysis was carried out by DAVID 6.7 (Database for Annotation, Visualization and Integrated Discovery; Frederick, MD, USA; [david.abcc.ncifcrf.gov](http://david.abcc.ncifcrf.gov)) using Biological Process, Cellular Component, and Molecular Function Gene Ontology (GO) terms together with REACTOME\_PATHWAY, and CGAP\_SAGE\_QUARTILE as database (Supplementary Materials).

### Dot-blot analysis

The BALF protein abundances of  $\alpha$ -1-antitrypsin (A1AT) and of its C-terminal fragment (C-36 peptide), corresponding to residues 359-394, were also evaluated in the German independent patient cohort by Dot-blot analysis (Supplementary Materials).

## Results

### Population

Table 1 showed the pulmonary function test results, BAL cellular populations and anthropometric data of IPF patient cohort. In the 2-DE population, stable patients were older with higher residual volumes and total lung capacities than AE patients, whereas in the dot-Blot cohort, the only statistical difference concerned the reduction of FVC% in AE cases.

In order to evaluate potentially disturbing effects of other parameters on the protein abundances, general linear regression models were performed where the protein abundance was function of age, gender, batch, or therapy.

The models did not emphasize any particular importance of these parameters (*data not shown*); the highest significant R.squared value was lower than  $\leq 0.3$ .

### Proteomic analysis

Eight hundred and fifty spots were detected and matched in BAL from IPF patients by proteomic approach. Comparison of AE and

**Table 1. Average values of Pulmonary Function Testing and BAL cell count features of analyzed IPF patient cohorts in 2-DE and Dot-blot experiment. The respective standard deviations are reported in brackets.**

|               | Siena cohort (2D electrophoresis) |                      |          |      | Hannover cohort (Dot-blot) |                      |          |      |
|---------------|-----------------------------------|----------------------|----------|------|----------------------------|----------------------|----------|------|
|               | Prog IPF                          | AE IPF               | p-value  | FC   | Prog IPF                   | AE IPF               | p-value  | FC   |
| Age (y)       | 66.1 ( $\pm 6.3$ )                | 59.9 ( $\pm 7.7$ )   | 3.25E-02 | 0.91 | 75 ( $\pm 7.5$ )           | 72.2 ( $\pm 4.6$ )   | 4.13E-01 | 0.96 |
| % VC          | 76.2 ( $\pm 15$ )                 | 64.5 ( $\pm 14.4$ )  | 2.31E-01 | 0.85 | na                         | na                   | na       | na   |
| % FVC         | 78.2 ( $\pm 16.7$ )               | 68.1 ( $\pm 16.7$ )  | 2.78E-01 | 0.87 | 81 ( $\pm 10.7$ )          | 53.4 ( $\pm 7.9$ )   | 1.95E-02 | 0.66 |
| % FEV1        | 82.2 ( $\pm 17.4$ )               | 74 ( $\pm 17.1$ )    | 3.08E-01 | 0.90 | na                         | na                   | na       | na   |
| FEV1/VC       | 83.9 ( $\pm 4.2$ )                | 86.8 ( $\pm 4.6$ )   | 1.81E-01 | 1.03 | na                         | na                   | na       | na   |
| VC (ml)       | 2281.5 ( $\pm 735.5$ )            | 2250 ( $\pm 576.3$ ) | 9.72E-01 | 0.99 | na                         | na                   | na       | na   |
| FVC (ml)      | 2324.7 ( $\pm 737.4$ )            | 2284 ( $\pm 669.2$ ) | 6.71E-01 | 0.98 | 2697.5 ( $\pm 724.2$ )     | 1910 ( $\pm 516.8$ ) | 6.35E-02 | 0.71 |
| RV            | 102.9 ( $\pm 11.6$ )              | 68.6 ( $\pm 19.4$ )  | 1.09E-02 | 0.67 | na                         | na                   | na       | na   |
| TLC           | 85.5 ( $\pm 9.4$ )                | 65.2 ( $\pm 12.1$ )  | 2.64E-02 | 0.76 | 74.25 ( $\pm 18.9$ )       | 58 ( $\pm 11$ )      | 1.10E-01 | 0.78 |
| DLCO          | 46.8 ( $\pm 15.8$ )               | 35.1 ( $\pm 10.1$ )  | 6.75E-02 | 0.75 | 57.3 ( $\pm 15.3$ )        | 45.7 ( $\pm 23$ )    | 4.00E-01 | 0.80 |
| KCO           | 71.7 ( $\pm 21.4$ )               | 69.7 ( $\pm 17.9$ )  | 8.05E-01 | 0.97 | na                         | na                   | na       | na   |
| % Macrophages | 66.6 ( $\pm 21.9$ )               | 69.7 ( $\pm 13.9$ )  | 9.38E-01 | 1.05 | 83 ( $\pm 14.1$ )          | 81.2 ( $\pm 6.8$ )   | 3.83E-01 | 0.98 |
| % Lymphocytes | 16.5 ( $\pm 14.2$ )               | 10.4 ( $\pm 4.6$ )   | 5.71E-01 | 0.63 | 5.5 ( $\pm 1.3$ )          | 11.8 ( $\pm 6.1$ )   | 1.74E-01 | 2.15 |
| % Neutrophils | 7.3 ( $\pm 9$ )                   | 9.1 ( $\pm 6.4$ )    | 4.54E-01 | 1.25 | 7.8 ( $\pm 9.6$ )          | 5.2 ( $\pm 3.4$ )    | 1.00E+00 | 0.67 |
| % Eosinophils | 9.6 ( $\pm 18.9$ )                | 7.4 ( $\pm 7.1$ )    | 8.36E-01 | 0.77 | 2.3 ( $\pm 2.3$ )          | 1.6 ( $\pm 1.1$ )    | 7.97E-01 | 0.70 |
| % CD3+        | 76.5 ( $\pm 12.3$ )               | 77.9 ( $\pm 9.3$ )   | 7.46E-01 | 1.02 | na                         | na                   | na       | na   |
| % CD4+        | 52.8 ( $\pm 14.1$ )               | 44.8 ( $\pm 18$ )    | 2.87E-01 | 0.85 | na                         | na                   | na       | na   |
| % CD8+        | 22.9 ( $\pm 8.9$ )                | 33.1 ( $\pm 14.4$ )  | 1.06E-01 | 1.45 | na                         | na                   | na       | na   |
| % CD19+       | 1.4 ( $\pm 1.5$ )                 | 1.2 ( $\pm 1$ )      | 9.24E-01 | 0.86 | na                         | na                   | na       | na   |
| CD4+/CD8+     | 3 ( $\pm 2.3$ )                   | 1.8 ( $\pm 1.5$ )    | 6.62E-02 | 0.60 | na                         | na                   | na       | na   |

FC, fold change (ratio AE/Prog means); na, data not available; VC, vital capacity; FEV1, forced expiratory volume in 1 s; FVC, forced vital capacity; RV, residual volume; TLC, total lung capacity; DLCO, diffusing capacity or transfer factor of the lung for carbon monoxide; KCO, transfer coefficient of the lung for carbon monoxide.

stable IPF groups revealed 51 differentially abundant spots, all efficiently identified by mass spectrometry (Table 2). These differentially abundant spots had a %V mean ratio of at least 2-fold between the two groups ( $p < 0.05$ ); 38/51 spots were increased in the AE group than stable IPF group, whereas 13 spots were higher in stable IPF patients with respect to the AE group (Table 2). Most of the 51 identified proteins were isoforms/proteoforms (same protein with different post translational modifications) and have the same protein name. For this reason, we observed 18 unique proteins. In particular, Annexin A1 (ANXA1), fructose-bisphosphate aldolase A (ALDOA), leucine-rich  $\alpha$ -2-glycoprotein (LRG1), Ig k chain (IGKC), protein S100A8, protein S100A9, alpha 1-antitrypsin (A1AT), A1AT C-term fragment, one proteoform of albumin (ALBU), haptoglobin (HPT), polymeric immunoglobulin receptor (PIGR), serum transferrin (TRFE), Ig  $\gamma$  chain (IGHG1) were up-regulated in AE-IPF. On the other hand, complement C3 C-term, pigment epithelium-derived factor (PEDF), selenium-binding protein 1 (SBP1) and  $\alpha$ -1B-glycoprotein (A1BG) were down-regulated in AE-IPF. Tables S-1 and 2 showed the results of spot identification and spot statistical values, respectively. Figure 1 reported the

abundance of these proteins in the two groups (in the heat map proteins upregulated were in green and down-regulated in red).

### Principal component analysis (PCA)

Figure 2 reported the different spatial rotations of the PCA 3D plot. The eigenvalue percentage significance of the first three PCs was 72.3%. The two groups resulted separated along the first PC. A high homogeneity was observed for AE IPF group and not for stable IPF patients (Figure 2). Intra-class dispersion occurred mainly along the first and third PCs for the stable and AE groups. The stable group core seemed located at positive x- and negative z-values (first Cartesian octant), whereas that of the AE group spread over negative x- and z-values (second and fourth octants).

### Clustering, enrichment and pathway analysis

DAVID functional clustering (Table S-2) demonstrated 12 significant GO terms for biological process, five for cellular component, four for molecular function, two for pathway, and two for tissue expression. Ingenuity analysis, that integrated experimentally observed proteins of interest into a network showed a network of 109

**Table 2. Significant differentially abundant protein spots observed in 2-DE. The mean (and standard deviation) of the higher abundant condition is emphasized in bold.**

| #  | Symbol        | Protein name                      | AE                                    | Stable                | p-value<br>t | FDR<br>WMW | log2FC   |      |
|----|---------------|-----------------------------------|---------------------------------------|-----------------------|--------------|------------|----------|------|
| 1  | LRG1          | Leucine-rich alpha-2-glycoprotein | <b>0.299 (<math>\pm 0.024</math>)</b> | 0.009 ( $\pm 0.015$ ) | 5.12E-03     | 1.54E-02   | 1.54E-03 | 5.02 |
| 2  | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.013 (<math>\pm 0.014</math>)</b> | 0.001 ( $\pm 0.003$ ) | 2.91E-03     | 4.37E-03   | 2.20E-03 | 3.66 |
| 3  | ALBU          | Serum albumin                     | <b>0.089 (<math>\pm 0.061</math>)</b> | 0.009 ( $\pm 0.019$ ) | 4.28E-05     | 8.05E-04   | 4.02E-04 | 3.34 |
| 4  | HPT           | Haptoglobin                       | <b>0.192 (<math>\pm 0.139</math>)</b> | 0.029 ( $\pm 0.034$ ) | 1.24E-04     | 1.35E-03   | 6.77E-04 | 2.73 |
| 5  | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.192 (<math>\pm 0.139</math>)</b> | 0.029 ( $\pm 0.034$ ) | 1.23E-04     | 1.62E-03   | 8.22E-04 | 2.72 |
| 6  | ALBU (C-term) | Serum albumin (C-term)            | <b>0.017 (<math>\pm 0.016</math>)</b> | 0.003 ( $\pm 0.006$ ) | 3.87E-03     | 5.55E-03   | 2.78E-03 | 2.6  |
| 7  | ANXA1         | Annexin A1                        | <b>0.006 (<math>\pm 0.006</math>)</b> | 0.001 ( $\pm 0.003$ ) | 1.56E-02     | 3.72E-02   | 1.91E-02 | 2.4  |
| 8  | ALBU (C-term) | Serum albumin (C-term)            | <b>0.014 (<math>\pm 0.017</math>)</b> | 0.003 ( $\pm 0.005$ ) | 1.80E-02     | 4.62E-02   | 2.39E-02 | 2.38 |
| 9  | A1AT (C-term) | $\alpha$ -1-antitrypsin (C-term)  | <b>0.011 (<math>\pm 0.015</math>)</b> | 0.002 ( $\pm 0.006$ ) | 4.66E-02     | 3.03E-02   | 1.62E-02 | 2.35 |
| 10 | ALBU          | Serum albumin                     | <b>0.032 (<math>\pm 0.025</math>)</b> | 0.007 ( $\pm 0.013$ ) | 3.35E-03     | 9.19E-03   | 4.65E-03 | 2.14 |
| 11 | ALBU (C-term) | Serum albumin (C-term)            | <b>0.013 (<math>\pm 0.008</math>)</b> | 0.003 ( $\pm 0.008$ ) | 1.10E-02     | 2.25E-03   | 1.13E-03 | 1.97 |
| 12 | ALBU (C-term) | Serum albumin (C-term)            | <b>0.019 (<math>\pm 0.018</math>)</b> | 0.005 ( $\pm 0.011$ ) | 2.32E-02     | 6.55E-03   | 3.32E-03 | 1.83 |
| 13 | ALBU (C-term) | Serum albumin (C-term)            | <b>0.02 (<math>\pm 0.011</math>)</b>  | 0.006 ( $\pm 0.007$ ) | 6.94E-04     | 3.40E-03   | 1.73E-03 | 1.81 |
| 14 | S100A9        | Protein S100-A9                   | <b>0.014 (<math>\pm 0.013</math>)</b> | 0.004 ( $\pm 0.01$ )  | 3.79E-02     | 6.62E-03   | 3.38E-03 | 1.8  |
| 15 | A1AT          | $\alpha$ -1-antitrypsin           | <b>0.091 (<math>\pm 0.086</math>)</b> | 0.027 ( $\pm 0.022$ ) | 8.00E-03     | 3.07E-02   | 1.56E-02 | 1.77 |
| 16 | ALBU          | Serum albumin                     | <b>0.131 (<math>\pm 0.118</math>)</b> | 0.04 ( $\pm 0.044$ )  | 9.72E-03     | 1.15E-02   | 5.97E-03 | 1.73 |
| 17 | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.131 (<math>\pm 0.118</math>)</b> | 0.04 ( $\pm 0.045$ )  | 9.92E-03     | 1.15E-02   | 5.93E-03 | 1.73 |
| 18 | IGKC          | Ig $\kappa$ chain C region        | <b>0.063 (<math>\pm 0.049</math>)</b> | 0.019 ( $\pm 0.029$ ) | 9.96E-03     | 1.54E-02   | 7.88E-03 | 1.72 |
| 19 | S100A9        | Protein S100-A9                   | <b>0.016 (<math>\pm 0.014</math>)</b> | 0.005 ( $\pm 0.009$ ) | 2.02E-02     | 2.76E-02   | 1.46E-02 | 1.66 |
| 20 | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.111 (<math>\pm 0.082</math>)</b> | 0.035 ( $\pm 0.049$ ) | 8.28E-03     | 7.39E-03   | 3.70E-03 | 1.66 |
| 21 | ALDOA         | Fructose-bisphosphate aldolase A  | <b>0.03 (<math>\pm 0.029</math>)</b>  | 0.01 ( $\pm 0.014$ )  | 3.19E-02     | 1.41E-02   | 7.33E-03 | 1.59 |
| 22 | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.11 (<math>\pm 0.081</math>)</b>  | 0.037 ( $\pm 0.043$ ) | 6.79E-03     | 3.26E-02   | 1.64E-02 | 1.58 |
| 23 | ALBU (N-term) | Serum albumin (N-term)            | <b>0.044 (<math>\pm 0.034</math>)</b> | 0.015 ( $\pm 0.025$ ) | 2.49E-02     | 1.66E-02   | 8.57E-03 | 1.52 |
| 24 | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.02 (<math>\pm 0.017</math>)</b>  | 0.007 ( $\pm 0.012$ ) | 3.92E-02     | 1.05E-02   | 5.36E-03 | 1.51 |
| 25 | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.132 (<math>\pm 0.104</math>)</b> | 0.046 ( $\pm 0.058$ ) | 1.44E-02     | 3.62E-02   | 1.92E-02 | 1.51 |
| 26 | ALBU          | Serum albumin                     | <b>0.044 (<math>\pm 0.033</math>)</b> | 0.016 ( $\pm 0.023$ ) | 1.77E-02     | 6.25E-03   | 3.16E-03 | 1.51 |
| 27 | ALBU          | Serum albumin                     | <b>0.061 (<math>\pm 0.039</math>)</b> | 0.022 ( $\pm 0.026$ ) | 6.23E-03     | 1.13E-02   | 5.68E-03 | 1.49 |

To be continued on next page

nodes connected by 679 interactions (Figure 3). In this network IL-6, APOA1 and VEGFA were the main theoretical central hubs, whereas C3, ALB, S100A9 and S100A8 were the proteins with most interactions. Canonical pathways were reported in Table 3 together with “disease and biofunction” and “tox list” results. Interestingly the most relevant pathogenetic pathways identified with this approach were “acute phase response signaling”, “atherosclerosis/lipid signaling”, “IL-12 signaling and production in macrophages”, “clathrin-mediated endocytosis signaling” and “production of nitric oxide and reactive oxygen species in macrophages”.

### Dot blot analysis

In order to verify the result of higher A1AT and C-36 peptide levels in BAL samples from AE IPF group with respect to stable group, dot-plot analysis was performed in an independent cohort of validation (Figure 4). The general trends of higher A1AT and C-36 peptide levels in the AE group with respect to the stable group were confirmed. Only one stable patient showed similar up-regulation of A1AT and one AE patient had no detectable C-36 concentration.

## Discussion

Biomarker discovery is a recent topic of interest in ILD and in particular in IPF. In the literature, many molecules have been proposed as potential biomarkers of this disease, however no single protein can be used in the clinical practice for prognostic reasons. Cytokines, CC-chemokines, and other macrophage-produced mediators resulted the most promising prognostic biomarkers of IPF and our comparative proteomic analysis of BAL confirmed a central role of macrophages and their activation receptors (such as LXR and FXR) in IPF, particularly in AE development. The overall biological dissimilarity of the AE and stable IPF groups was demonstrated by 51 differentially abundant spots, the heatmap and PCA results. Interestingly in BAL from AE IPF patients, proteins differentially expressed included: acute-phase proteins involved in response signaling, proteins involved in clathrin-mediated endocytosis signaling and lung carcinogenesis. In our study IPF pathogenesis network revealed APOA1, VEGFA, and IL-6 as the three main hypothetical central

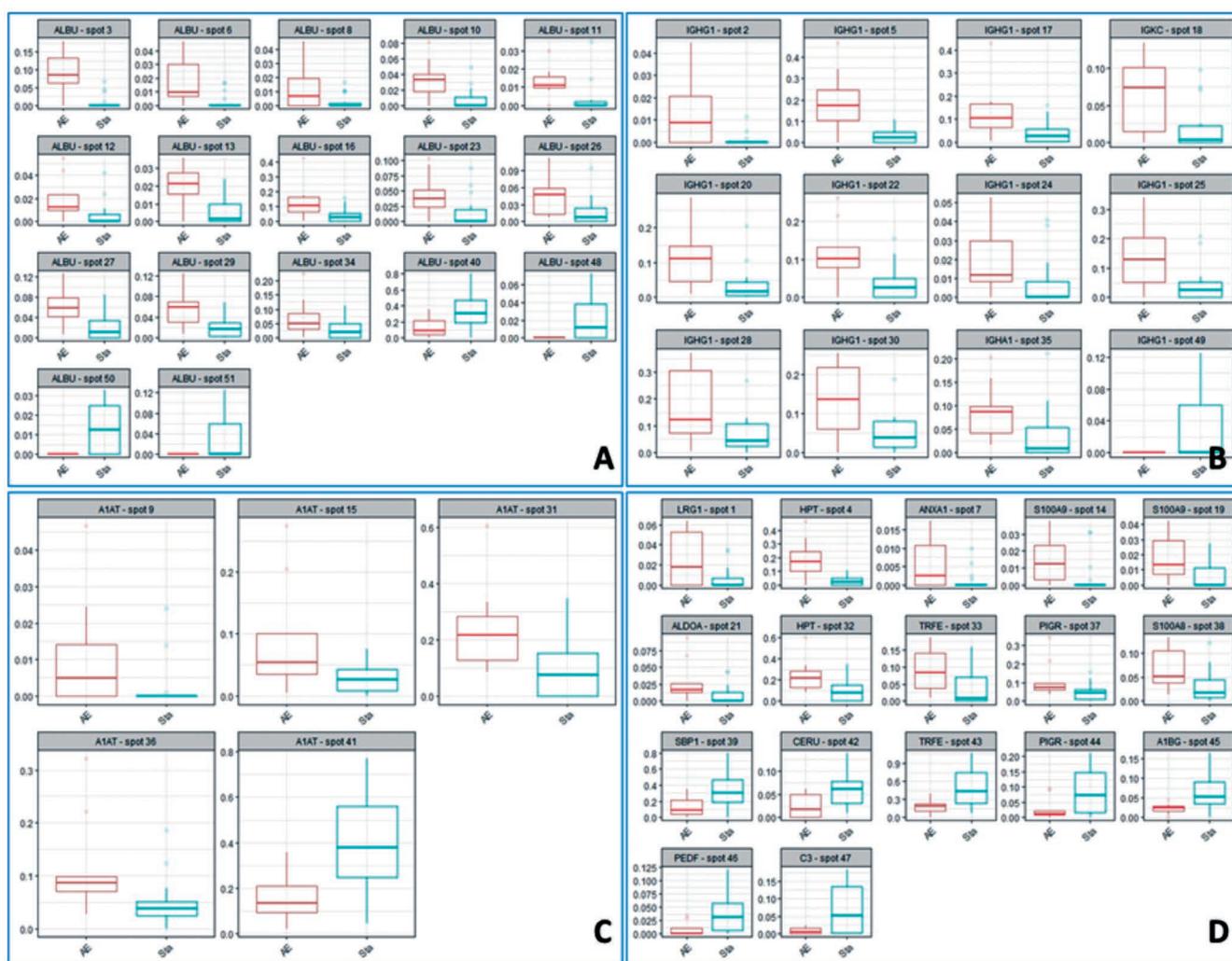
**Table 2. Continued from previous page.**

| #           | Symbol        | Protein name                      | AE                                    | Stable                                | p-value<br>t | FDR<br>WMW | log2FC   |       |
|-------------|---------------|-----------------------------------|---------------------------------------|---------------------------------------|--------------|------------|----------|-------|
| 28          | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.187 (<math>\pm 0.13</math>)</b>  | 0.067 ( $\pm 0.065$ )                 | 4.86E-03     | 2.06E-02   | 1.03E-02 | 1.49  |
| 29          | ALBU          | Serum albumin                     | <b>0.056 (<math>\pm 0.033</math>)</b> | 0.02 ( $\pm 0.018$ )                  | 1.73E-03     | 7.30E-03   | 3.66E-03 | 1.47  |
| 30          | IGHG1         | Ig $\gamma$ -1 chain C region     | <b>0.131 (<math>\pm 0.091</math>)</b> | 0.05 ( $\pm 0.046$ )                  | 6.66E-03     | 4.99E-02   | 2.69E-02 | 1.4   |
| 31          | A1AT          | $\alpha$ -1-antitrypsin           | <b>0.246 (<math>\pm 0.147</math>)</b> | 0.096 ( $\pm 0.1$ )                   | 6.14E-03     | 6.13E-03   | 3.08E-03 | 1.36  |
| 32          | HPT           | Haptoglobin                       | <b>0.246 (<math>\pm 0.147</math>)</b> | 0.096 ( $\pm 0.1$ )                   | 6.16E-03     | 6.13E-03   | 3.09E-03 | 1.36  |
| 33          | TRFE          | Serotransferrin                   | <b>0.091 (<math>\pm 0.059</math>)</b> | 0.037 ( $\pm 0.047$ )                 | 1.95E-02     | 1.59E-02   | 8.31E-03 | 1.31  |
| 34          | ALBU          | Serum albumin                     | <b>0.074 (<math>\pm 0.063</math>)</b> | 0.03 ( $\pm 0.034$ )                  | 3.27E-02     | 2.93E-02   | 1.49E-02 | 1.3   |
| 35          | IGHA1         | Ig $\alpha$ -1 chain C region     | <b>0.089 (<math>\pm 0.058</math>)</b> | 0.037 ( $\pm 0.054$ )                 | 3.59E-02     | 1.43E-02   | 7.48E-03 | 1.27  |
| 36          | A1AT          | $\alpha$ -1-antitrypsin           | <b>0.115 (<math>\pm 0.089</math>)</b> | 0.049 ( $\pm 0.043$ )                 | 1.77E-02     | 7.48E-03   | 3.77E-03 | 1.25  |
| 37          | PIGR          | Polymeric immunoglobulin receptor | <b>0.113 (<math>\pm 0.096</math>)</b> | 0.049 ( $\pm 0.045$ )                 | 3.09E-02     | 3.05E-02   | 1.54E-02 | 1.21  |
| 38          | S100A8        | Protein S100-A8                   | <b>0.065 (<math>\pm 0.043</math>)</b> | 0.03 ( $\pm 0.033$ )                  | 3.38E-02     | 2.04E-02   | 1.04E-02 | 1.12  |
| 39          | SBP1          | Selenium-binding protein 1        | 0.134 ( $\pm 0.116$ )                 | <b>0.325 (<math>\pm 0.2</math>)</b>   | 1.77E-02     | 1.68E-02   | 1.63E-02 | -1.27 |
| 40          | ALBU          | Serum albumin                     | 0.135 ( $\pm 0.116$ )                 | <b>0.326 (<math>\pm 0.201</math>)</b> | 1.78E-02     | 1.68E-02   | 1.61E-02 | -1.27 |
| 41          | A1AT          | $\alpha$ -1-antitrypsin           | 0.154 ( $\pm 0.104$ )                 | <b>0.386 (<math>\pm 0.199</math>)</b> | 4.06E-03     | 6.41E-03   | 6.04E-03 | -1.33 |
| 42          | CERU          | Ceruloplasmin                     | 0.024 ( $\pm 0.025$ )                 | <b>0.062 (<math>\pm 0.04</math>)</b>  | 1.79E-02     | 1.00E-02   | 9.92E-03 | -1.39 |
| 43          | TRFE          | Serotransferrin                   | 0.177 ( $\pm 0.106$ )                 | <b>0.474 (<math>\pm 0.298</math>)</b> | 1.00E-02     | 7.48E-03   | 6.99E-03 | -1.42 |
| 44          | PIGR          | Polymeric immunoglobulin receptor | 0.03 ( $\pm 0.034$ )                  | <b>0.083 (<math>\pm 0.069</math>)</b> | 4.69E-02     | 3.95E-02   | 3.48E-02 | -1.46 |
| 45          | A1BG          | $\alpha$ -1B-glycoprotein         | 0.022 ( $\pm 0.013$ )                 | <b>0.063 (<math>\pm 0.038</math>)</b> | 5.68E-03     | 1.30E-03   | 1.30E-03 | -1.51 |
| 46          | PEDF          | Pigment epithelium-derived factor | 0.009 ( $\pm 0.013$ )                 | <b>0.042 (<math>\pm 0.037</math>)</b> | 1.83E-02     | 2.42E-02   | 2.31E-02 | -2.29 |
| 47          | C3 (C-term)   | Complement C3 (C-term)            | 0.009 ( $\pm 0.009$ )                 | <b>0.074 (<math>\pm 0.069</math>)</b> | 1.13E-02     | 3.17E-02   | 2.99E-02 | -3.12 |
| 48          | ALBU          | Serum albumin                     | 0 ( $\pm 0$ )                         | <b>0.02 (<math>\pm 0.023</math>)</b>  | 2.01E-02     | 7.56E-03   | 7.11E-03 |       |
| Qualitative |               |                                   |                                       |                                       |              |            |          |       |
| 49          | IGHG1         | Ig $\gamma$ -1 chain C region     | 0 ( $\pm 0$ )                         | <b>0.032 (<math>\pm 0.042</math>)</b> | 3.74E-02     | 2.18E-02   | 2.07E-02 |       |
| Qualitative |               |                                   |                                       |                                       |              |            |          |       |
| 50          | ALBU (C-term) | Serum albumin (C-term)            | 0 ( $\pm 0$ )                         | <b>0.013 (<math>\pm 0.012</math>)</b> | 6.67E-03     | 7.56E-03   | 7.42E-03 |       |
| Qualitative |               |                                   |                                       |                                       |              |            |          |       |
| 51          | ALBU          | Serum albumin                     | 0 ( $\pm 0$ )                         | <b>0.032 (<math>\pm 0.042</math>)</b> | 3.74E-02     | 2.18E-02   | 2.14E-02 |       |
| Qualitative |               |                                   |                                       |                                       |              |            |          |       |

t, Student's *t*-test p-value; WMW, Wilcoxon-Mann-Whitney test p-value; log<sub>2</sub>FC, log<sub>2</sub> of fold change AE/stable.

hubs. Intriguing pathogenetic pathways in AE IPF patients were demonstrated, including: acute phase response signaling, clathrin-mediated endocytosis signaling, atherosclerosis signaling, IL-12 signaling and production in macrophages, production of nitric oxide and reactive oxygen species in macrophages. Acute phase response signaling resulted over-expressed in AE samples as a consequence of the up-regulation of TRFE, HPT, C3, CERU, PEDF, A1AT and ALBU. The observed C- terminus of A1AT was highly abundant in AE group and it may be the C36 peptide (residues 359-394) reported to promote inflammation by activation of NF- $\kappa$ B, Toll-like receptor 4 and the MAPK pathway [27,28]. Dot-blot analysis suggested an overall increase in C-36 peptide in the AE group with respect to stable IPF patients, indicating this peptide as a possible predictive biomarker of AEs worth of further evaluation. On the other hand, we found down-regulation of PEDF, an important angiostatic and anti-angiogenic glycoprotein, in the AE group. This glycoprotein is involved in collagen binding, wound healing resolution, lung fibroblast chemotaxis, inhibition

of fibroblast proliferation and activation of apoptosis through Fas, NF- $\kappa$ B and caspase signaling in endothelial cells [17,29]. PEDF is suggested to have antifibrotic effects inhibiting canonical Wnt/ $\beta$ -catenin signaling and expression of different fibrotic genes (through induction of PPAR $\gamma$  signaling), including TGF- $\beta$ 1 [18]. Interestingly, the best-known function of PEDF is inhibition of VEGFA, one of our hypothetical central hubs [19] and interesting because its receptor VEGFR is a target of nintedanib [20]. Clathrin-mediated endocytosis signaling, suggested by dysregulation of S100A8, TRFE, A1AT and ALBU, is reported to be important in signal propagation of  $\beta$ -catenin-dependent WNT signal transduction, fundamental for development, tissue homeostasis and implicated in IPF [21]. It is also reported to be vital in maintaining embryonic stem cell pluripotency [22], a mechanism involved in IPF. Ingenuity analysis likewise revealed the importance of atherosclerosis signaling in the AE group on the basis of dysregulated proteins, such as S100A8, TRFE, A1AT and ALBU. These findings were in line with those of Landi *et al.* and



**Figure 1.** Box plots of the 51 differentially abundant spots between AE (red) and Stable (cyan) IPF. The panels A, B, and C showed the spots corresponding serum albumin, immunoglobulins and A1AT, respectively, whereas panel D reported the other spots of interest.

Thomas *et al.* [30-32]. These authors found that the formation of foamy macrophages by sequestration of modified extracellular lipids is a key event in atherosclerosis through over-expression of genes related to fibrosis [32,33]. S100A8, A1AT and ALBU dysregulation also suggests “IL-12 signaling and production in macrophages” and “production of nitric oxide and reactive oxygen species in macrophages”, stressing the importance of macrophages and their fine regulation not only in the onset of fibrosis, but also in the evolution of IPF. Finally a relevant result of functional clustering analysis was related to “poorly differentiated lung adenocarcinoma”, suggesting that several differentially observed proteins (such as IGKC, S100A9, PEDF, IGHG1, ALDOA, A1AT, HPT, CO3 and PIGR), could be involved in lung carcinogenesis as well as in IPF patients developing AEs [34,35]. The concurrent up-regulation of ALDOA, ANXA1, S100A8, S100A9 and LRG1 and reduced levels of SBP1 and PEDF observed in the AE group in the present study suggest that tumor-like and/or EMT processes

in the early stages of IPF may be a pathogenetic mechanism that leads to AEs [36,37].

In conclusion, this study firstly compares proteomic differential pathways of stable IPF patients than AE IPF patients identifying several differential expressed proteins potentially involved in AE development and many pathogenetic pathways (such as clathrin-mediated endocytosis signaling and lung carcinogenesis) to be further validated.

## Limitations

Even if the number of analyzed samples is higher for a 2-DE experiment, the clinical record size is quite low. For these reasons, all the differentially abundant proteins will be further analyzed in larger cohort using different approach such an ELISA test and/or

**Table 3. Ingenuity functional clustering analysis.**

|  | Category  | p-value            | Molecules  |
|--|---|--------------------|--|
| Canonical pathways                     | LXR/RXR activation  | 1.63E-11           | <i>S100A8, TF, C3, SERPINF1, SERPINA1, A1BG, ALB</i>                                 |
|  | Acute phase response signaling  | 2.65E-10           | <i>TF, HP, C3, CP, SERPINF1, SERPINA1, ALB</i>                                       |
|  | FXR/RXR Activation  | 1.66E-09           | <i>TF, C3, SERPINF1, SERPINA1, A1BG, ALB</i>   |
|  | Clathrin-mediated Endocytosis Signaling                               | 4.42E-05           | <i>S100A8, TF, SERPINA1, ALB</i>   |
|  | Atherosclerosis signaling   | 2.86E-04           | <i>S100A8, SERPINA1, ALB</i>   |
|  | IL-12 signaling and production in macrophages                         | 4.21E-04           | <i>S100A8, SERPINA1, ALB</i>   |
|  | Production of nitric oxide and reactive oxygen species in macrophages | 1.17E-03           | <i>S100A8, SERPINA1, ALB</i>   |
| Diseases and biofunctions              | Cellular movement   | 4.85E-09           | <i>ALB, C3, S100A9, ANXA1, SERPINF1, S100A8, SERPINA1, PIGR</i>                      |
|  | Hematological system development and function                         | 5.60E-09           | <i>ALB, C3, S100A9, ANXA1, S100A8, SERPINA1, IGHAI, IGHG1, PIGR</i>                  |
|  | Immune cell trafficking   | 5.60E-09           | <i>ALB, C3, S100A9, ANXA1, S100A8, SERPINA1, IGHAI, PIGR</i>                         |
|  | Inflammatory response   | 5.60E-09           | <i>HP, ALB, C3, S100A9, IGKC, ANXA1, ALDOA, SERPINA1, S100A8, IGHG1, IGHAI, PIGR</i> |
|  | Cell-to-cell signaling and interaction                                | 6.63E-07           | <i>C3, S100A9, ANXA1, SERPINA1, S100A8, IGHG1, IGHAI, PIGR</i>                       |
|  | Connective tissue disorders   | 1.99E-06           | <i>HP, C3, S100A9, IGKC, ALDOA, S100A8</i>   |
|  | Inflammatory disease  | 1.99E-06           | <i>HP, C3, S100A9, IGKC, ALDOA, SERPINA1, S100A8</i>                                 |
|  | Organismal injury and abnormalities                                   | 1.99E-06           | <i>HP, C3, S100A9, ANXA1, IGKC, ALDOA, SERPINA1, S100A8</i>                          |
|  | Skeletal and muscular disorders                                       | 1.99E-06           | <i>HP, C3, S100A9, IGKC, ALDOA, S100A8</i>   |
|  | Cellular compromise   | 8.99E-06           | <i>ALB, C3, SERPINA1, IGHAI</i>  |
|  | Immunological disease   | 2.14E-05           | <i>HP, C3, S100A9, ALDOA, S100A8</i>   |
|  | Cell signaling  | 2.16E-05           | <i>C3, S100A9, ANXA1, SERPINA1, S100A8</i>   |
|  | Cellular function and maintenance                                     | 2.16E-05           | <i>C3, ANXA1, SERPINF1, SERPINA1, IGHAI, IGHG1</i>                                   |
|  | Molecular transport   | 2.16E-05           | <i>C3, S100A9, ANXA1, SERPINA1, S100A8</i>   |
|  | Vitamin and mineral metabolism  | 2.16E-05           | <i>C3, S100A9, ANXA1, S100A8, SERPINA1</i>   |
|  | Lipid metabolism  | 1.04E-04           | <i>C3, ANXA1, SERPINA1</i>   |
|  | Small molecule biochemistry   | 1.04E-04           | <i>C3, ANXA1, SERPINA1</i>   |
|  | Infectious diseases   | 2.86E-04           | <i>HP, S100A9, SERPINA1</i>  |
|  | Respiratory disease   | 2.86E-04           | <i>HP, S100A9, ANXA1, SERPINA1</i>   |
|  | Cardiovascular system development and function                        | 9.35E-04           | <i>C3, SERPINF1, IGHG1</i>   |
|  | Cellular development  | 9.35E-04           | <i>C3, ANXA1, SERPINF1, SERPINA1, IGHG1</i>  |
|  | Cellular growth and proliferation                                     | 9.35E-04           | <i>C3, ANXA1, SERPINF1, SERPINA1, IGHG1</i>  |
|  | Organismal development  | 9.35E-04           | <i>C3, SERPINF1, IGHG1</i>   |
|  | Tissue development  | 9.35E-04           | <i>C3, SERPINF1, IGHG1</i>   |
|  | Cell death and survival   | 1.15E-03           | <i>C3, ANXA1, SERPINF1, S100A8</i>   |
|  | Lymphoid tissue structure and development                             | 4.13E-03           | <i>ANXA1, SERPINA1, IGHG1</i>  |
|  | Tox list  | LXR/RXR activation | 1.87E-11   |
| FXR/RXR activation                     |   | 1.66E-09           | <i>TF, C3, SERPINF1, SERPINA1, A1BG, ALB</i>   |
| Positive acute phase response proteins |   | 1.82E-08           | <i>HP, C3, CP, SERPINA1</i>  |

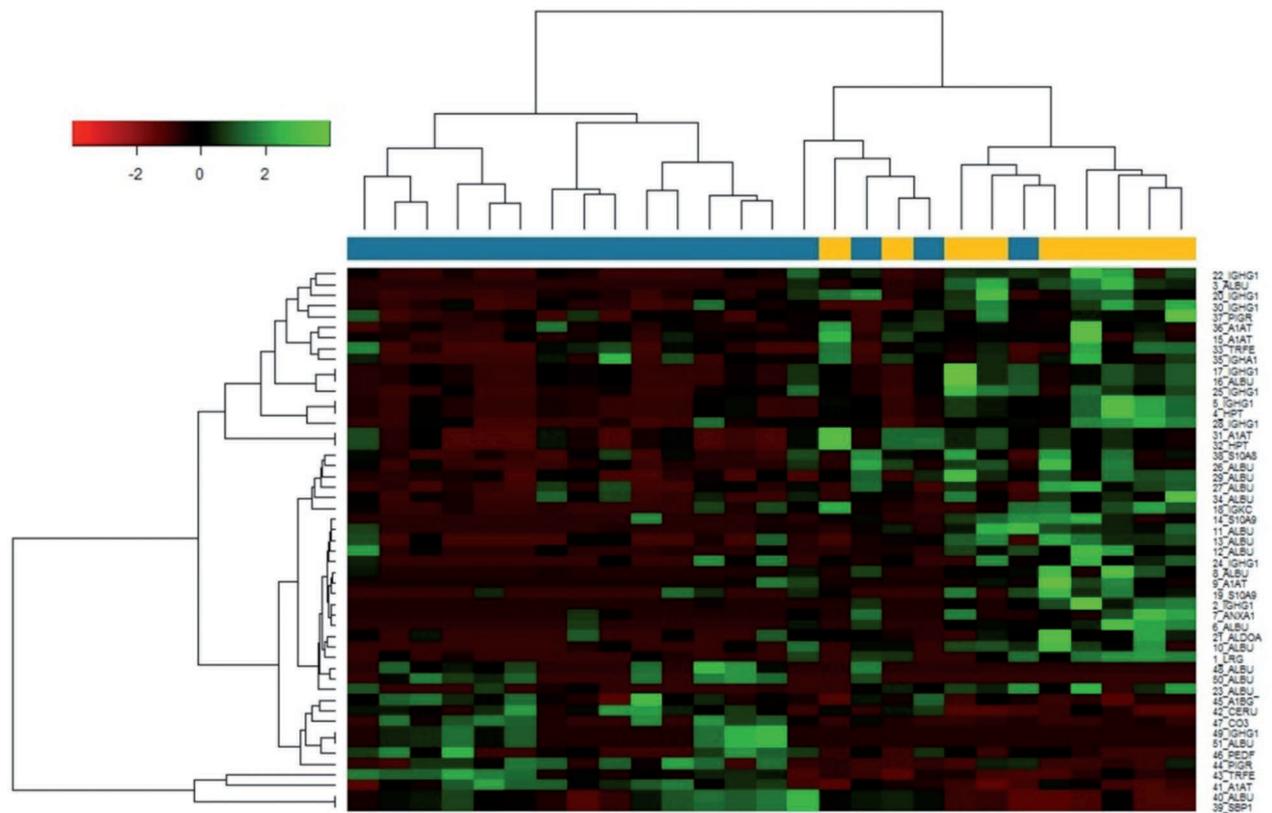


Figure 2. Heatmap and tree clustering. Heatmap and tree clustering of %V of differentially abundant protein spots detected by comparative analysis. AE and stable IPF groups are represented by yellow and light blue columns, respectively. The number of protein spots shown in Table S1 is indicated on the rows.

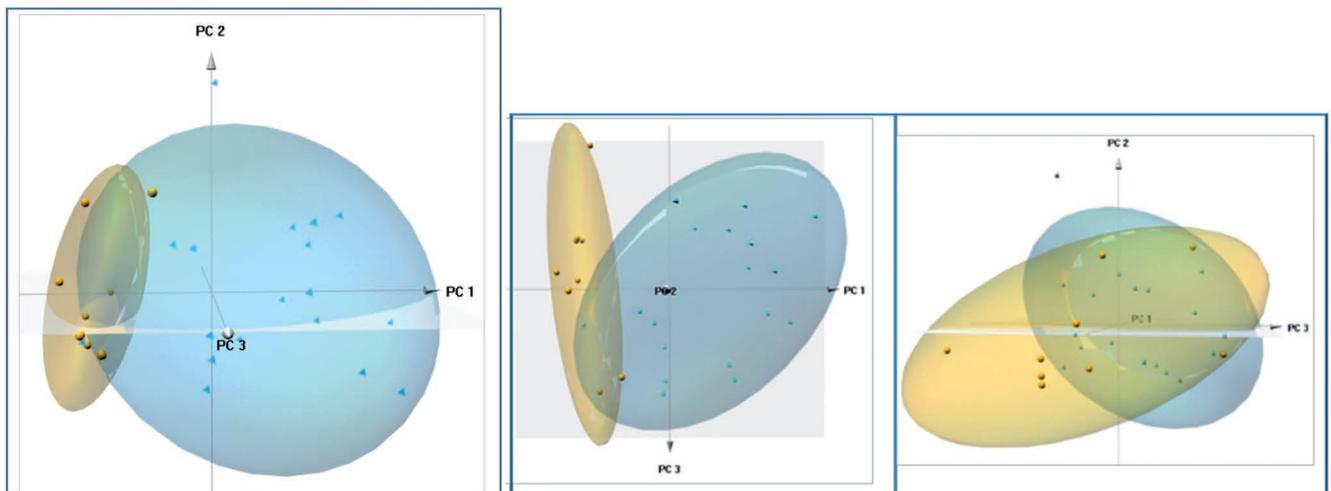


Figure 3. Principal Component Analysis. Three axonometric projections of 3D principal component analysis (PCA) plot obtained using normalized values of quantitatively differing protein spots in the two-dimensional electrophoresis comparison. AE and stable patients are indicated by yellow spheres and blue tetrahedrons, respectively. The ellipsoids enclose the 0.75 confidence interval for each group.

targeted proteomic techniques. Setting our goal in pursuit of putative risk factors or proteins potentially involved in AE development, we established to collect the BAL Fluid samples at the starting manifestation of IPF symptoms and then to define the AE and Stable/Progressive groups after two years of clinical course monitoring. Even if the gender composition of overall cohort (~62% male and 38% female) reflected the expected slightly higher male incidence of IPF, the AE group showed only one female case. We sifted through the potential disturbing effect of age and gender on the differentially protein abundances using general linear regression models.

## Conclusions

Comparative proteomic analysis of BAL fluid samples from stable and AE IPF patients suggests a central role of macrophages and their fine regulation in AE development. Our results show the activation of receptors, such as LXR and FXR, involved in lipid metabolism, that different authors report to be particularly activated in foamy macrophages involved in atherosclerosis. Differentially identified proteins revealed a particular type of acute-phase response signaling as a potential cause of AE

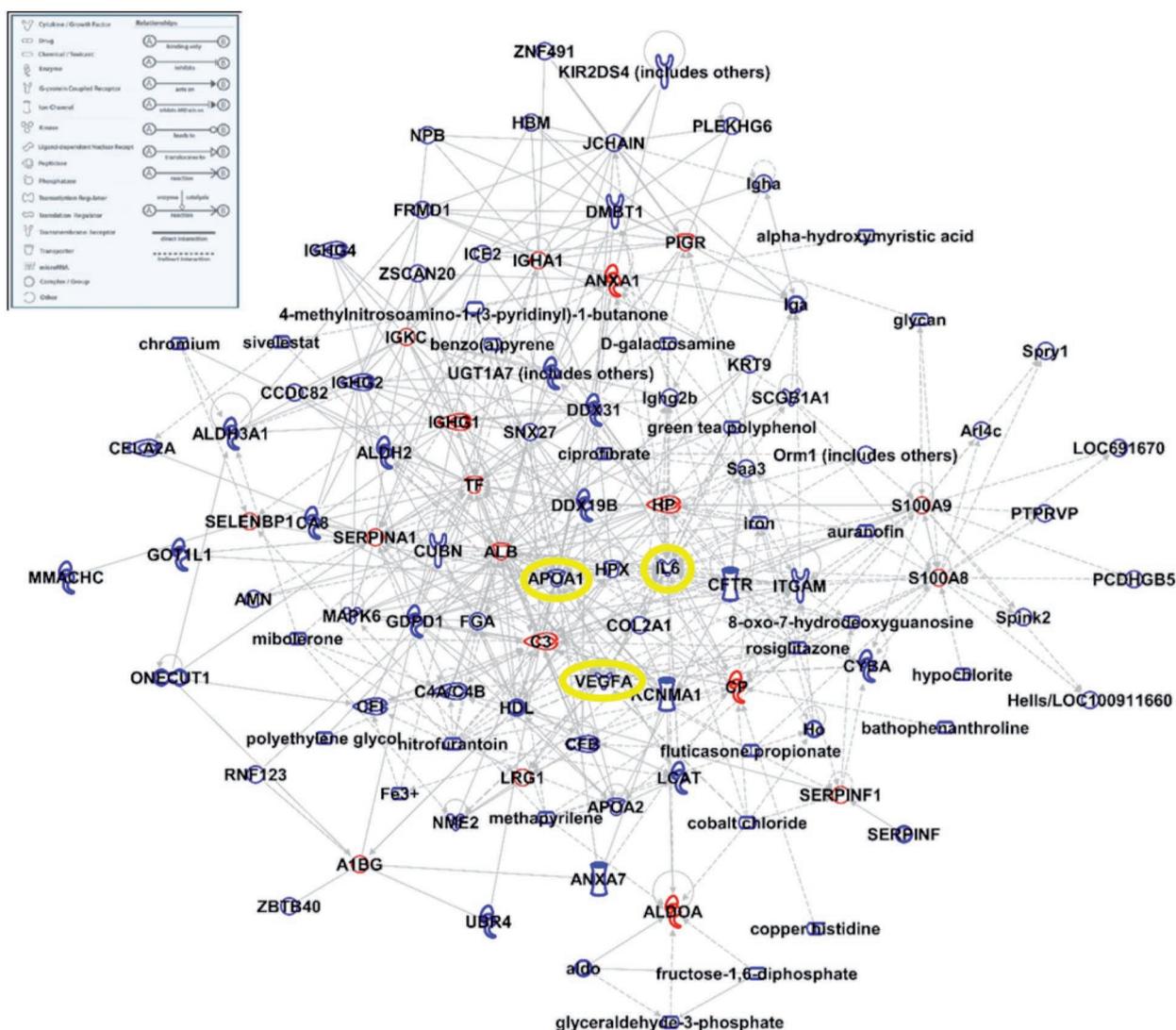


Figure 4. Enrichment analysis by Ingenuity. Organic network obtained by Ingenuity Pathway Analysis (IPA). The proteins experimentally observed by two-dimensional electrophoresis and the predicted by IPA software are shown in red and blue, respectively. The main theoretical central hubs (IL-6, APOA1, and VEGFA) are highlighted by yellow circles.

involving A1AT C-36 peptide. Interestingly, our results indicate that proteins involved in clathrin-mediated endocytosis signaling, well known for the propagation of the fibrotic signaling  $\beta$ -catenin

WNT, may induce AE. Differential proteins found in the present study may also be involved in lung carcinogenesis and were substantially up regulated in AE IPF patients.

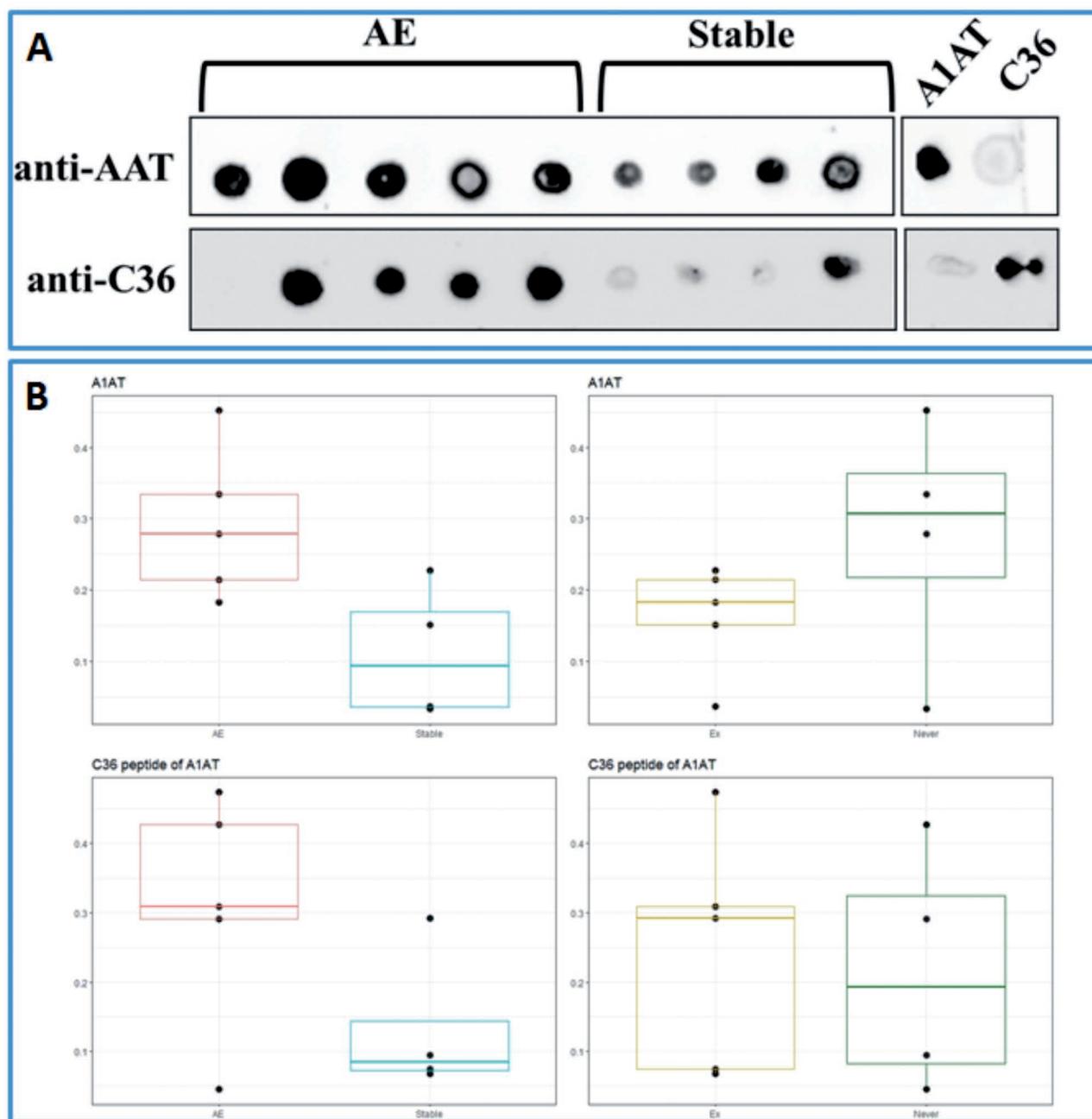


Figure 5. A) Dot blot of A1AT and C-36 peptide. BAL fluid protein abundances of  $\alpha$ -1-antitrypsin (A1AT) and its C-terminal fragment (C-36 peptide), corresponding to residues 359-394, were evaluated by dot-blot analysis in native condition; the lines A1AT and C-36 indicate the corresponding positive controls, which were commercial purified peptides. B) Box plots showing the Dot-blot intensity of A1AT and C36 peptide of A1AT according to IPF clinical course (AE and stable patients in red and cyan, respectively) and according to smoking status (never and ex-smokers in green and yellow, respectively).

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